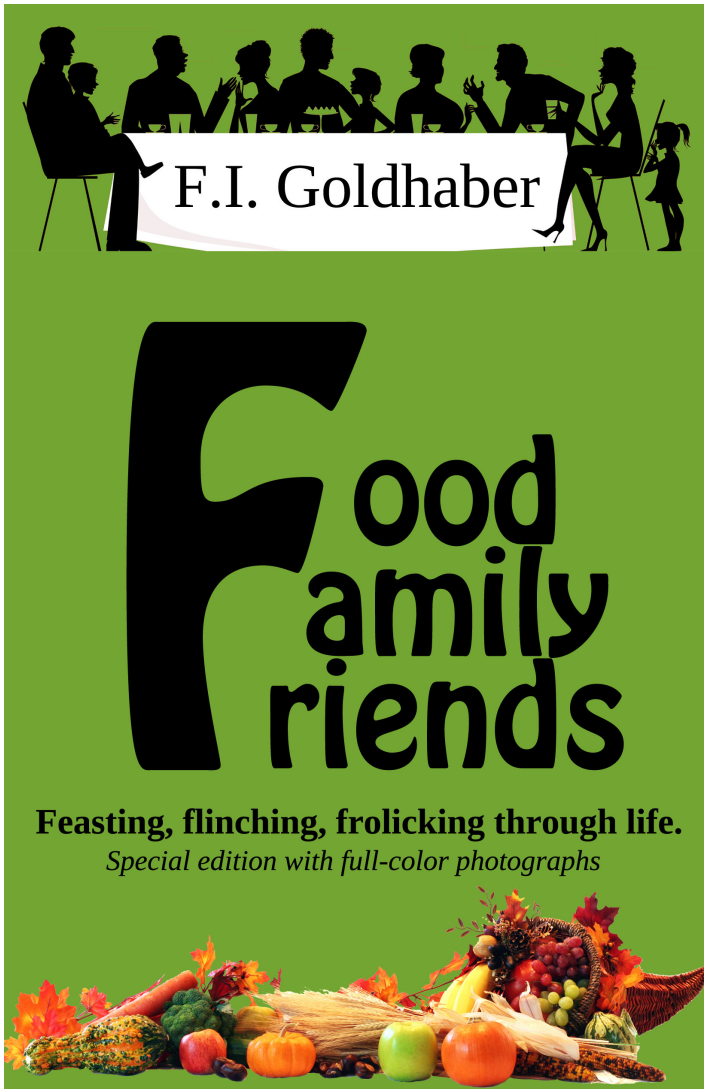


# Food ♦ Family ♦ Friends

Feasting, flinching, frolicking through life.

What food you eat, whether your family nurtures or abuses you, and how friends

fit into your life determine whether you live in despair or delight, cringing or cavorting through your days. The poems in *Food ♦ Family ♦ Friends* capture the marvelous and the malignant of all three.



ISBN: 978-1-937839-27-7

Suggested Retail Price: \$10.49

Trade Paperback w Page Count: 80

Trim Size: 5.5" X 8.5"

poetry

available from

Ingram's, Baker & Taylor, and  
fantasticworldspublishing.com

Special Edition

ISBN: 978-1-937839-28-4

Suggested Retail Price: \$14.49

Only Available Through Publisher  
politicalpoetrypublishing.com

## About the Author

F.I. Goldhaber's words capture people, places, and events with a photographer's eye and a poet's soul. As a reporter, editor, business writer, and marketing communications consultant, they produced news stories, feature articles, editorial columns, and reviews for newspapers, corporations, governments, and non-profits in five states. Now paper, electronic, and audio magazines, books, newspapers, calendars, and street signs display their poetry, fiction, and essays.

In addition, F.I. shares their words at events throughout the Pacific Northwest and on the radio. She appeared at venues such as Wordstock, Oregon Literary Review, galleries, coffee shops, bars, bookstores, libraries, record stores, and community colleges.

<http://www.goldhaber.net/>